



THE STABLES
Bar, Restaurant & Off Licence
ESTABLISHED SINCE 1979

Evening Menu

Starters

Homemade Soup of the day
Crusty Roll

£6.50

Breaded Mushrooms
Mixed Salad & Garlic Mayonnaise (V)

£6.50

Garlic & Cheese Melt
Caramelised Onion, Cheese & Garlic
Focaccia Bread, Served with Salad

£6.95

**Salt & Chili Battered
Chicken Goujons**
Mixed Salad, Coleslaw & Chili Sauce

£6.95

Duck Spring Roll
Shredded Duck, Caramelised Onion, Garlic & Ginger,
Served with Salad & Sweet Chili Dip

£6.95

Tempura Cauliflower Wings (V)
(GF ON REQUEST)
Buffalo Spiced Cauliflower, served with
Mixed Salad & Hummus Dip

£6.50

Mains

12oz Sirloin Steak
8oz Steak
Sauté Mushrooms, Onion Rings & Choice of
Side and Sauce

£27.95

£23.95

Steak Melt Sandwich
Steak Pieces, Cheese, Onions, Mushrooms in Garlic
Ciabatta, Served with Salad, Coleslaw, Peppered
Sauce & Choice of Side

£17.95

Mains

Roast Silverside of Beef
Creamy Mash Potatoes, Mixed seasonal
Vegetables, Roast Potato, Yorkshire Pudding
& Choice of Sauce

£14.95

**Lemon & Thyme Roasted
Chicken Breast**
Creamy Mash Potatoes, Mixed seasonal
Vegetables, Roast Potato & Mushroom Sauce

£14.95

Catch of the Day
Ask about our Fish Special

**Southern Fried Chicken
Goujons**
Fresh made Spicy Goujons, Coleslaw,
Mixed Salad & Choice of Side
OR – Served with Champ, Tobacco Onions
& Peppered Sauce

£14.50

Beef Lasagne
(Vegetarian Lasagne also available)
Homemade Beef Lasagne, Coleslaw, Mixed
Salad, Garlic Bread & Choice of Side

£14.95

Half Roast Crispy Duck Stir-fry
Mixed Vegetable & Noodles in
Sticky Asian Spiced Sauce

£15.95

Chicken & Chorizo Pasta
Roast Chicken, Chorizo Crumb, Cold Pressed
Rapeseed Oil, Parmesan Shavings & Garlic Bread

£14.95

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Food Allergens and Intolerances – Please speak to our staff about the ingredients in your meal when making your order. Please be advised that food allergens are handled in the kitchen. In some cases, allergens may be unavoidably present due to shared equipment, or the ingredient used.

Mains

House Salad of the Day £14.50

Stables Angus Beef Burger £14.50
Bacon, Cheese, Burger Sauce & Onion Ring.
Served with Salad, Coleslaw & Choice of Side

BBQ Beef & Bird £15.50
Cheeseburger, Southern Fried Goujons & BBQ
Sauce, Served with Salad, Coleslaw & Choice of Side

Southern Fried Chicken Burger £15.50
Bacon, Cheese & Sweet Chili Mayonnaise,
Served with Salad, Coleslaw & Chips

Chilli Beef £14.95
Spicy Chilli Beef, Peppers, Onions,
Served with Rice & Prawn Crackers

Plant Based Steak Stack £14.95
Champ, Fried Onions, Seasonal Vegetables & Gravy

Open Plant Based Steak Sandwich £15.95
Served on Focaccia Bread, Fried Onions & Sauté
Mushrooms & Gravy

Deluxe Open Steak Sandwich £23.95
6oz Sirloin Served on Focaccia Bread, Topped with
Sauté Onions & Mushrooms, Served with Peppered
Sauce & Choice of Side

Kids

Chicken Nuggets £6

Sausages £6

Fish Fingers £6

Beef Burger £6

Cheeseburger £6

Southern Fried Goujons – Spicy £6

Above Served with Mash or Chips

Roast Beef, Mash, Veg & Gravy £7

Spaghetti Bolognese £7

Baby Bowl – Mash, Veg & Gravy £4.95

Sides/Sauces

Sides £4

- Chips
- Mash
- Champ
- Garlic Chips
- Sweet Chili Chips
- Mixed Salad
- Vegetables
- Onion Rings

Sauces

- Sm/Lg Peppered £2.50/£3
- Sm/Lg Gravy £2.50/£3
- Garlic Mayo £2
- Mayonnaise £2
- Sweet Chili £2
- BBQ £2
- Spiced Aioli £2
- Beans £2

**Request our Sweets & Hots Drinks Menu.
Ask about our Daily Specials.**

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Stables Fries

Southern Fried Chicken Goujons,
Salt Chili Chips, Cheese, Curry Sauce
& Fresh Chilies

Beef Melt Fries

(Vegetarian on Request)

(GF On Request)

Shredded Roast Beef, Mushrooms,
Cheesy Chips, Peppered Sauce
& Tobacco Onions

Sticky Asian Fries

(Vegetarian Option Available)

Chicken Bites, Mixed Stir-fry
Vegetables & Chips tossed in
a Sticky Asian Sauce



Buffalo Chicken Melt Fries

Chicken Bites, Cheesy Chips
& Buffalo Mayo Sauce

Loaded Fries **£12.95**

Catch of the Day Fries

Breaded Fish Bites, Chips, Pea Purée
& Tartar Sauce

Sliced Chicken Supper Fries

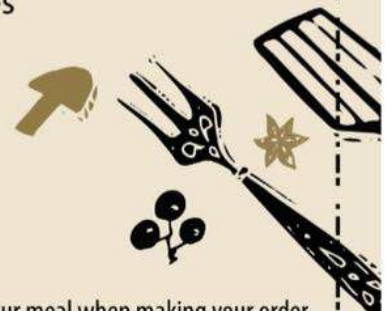
Southern Fried Chicken Goujons,
Chips, Peas, Raw Onion
& Spicy Super Sauce

Cowboy Supper Fries

Sausages, Cheese, Chips & Beans

Fancy Pants Fries

Breast of Chicken, Parmesan,
Garlic & Truffle Fries



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ESTABLISHED SINCE 1981

Starters

Homemade Soup of the day £6.50
Crusty Roll (V) (GF)

Breaded Mushrooms £6.50
Mixed Salad & Garlic Mayonnaise (V)

Cheesy Garlic Ciabatta Bread £6.50
Mixed Salad & Chili Sauce (V)

Salt & Chili Battered Chicken Goujons £6.95
Mixed Salad, Coleslaw & Chili Sauce

Mains

12oz Sirloin Steak £27.95
8oz Steak £23.95

(GF on Request)
Sauté Mushrooms, Onion Rings
& Choice of Side and Sauce

Roast Silverside of Beef £14.50
(GF On Request)
Mash Potato, Mixed Vegetables, Roast Potato
& Choice of Sauce

Lemon & Thyme Roasted Chicken Breast £14.95
(GF On Request)
Mash Potato, Mixed Vegetables, Roast Potato,
Tobacco Onions & Choice of Sauce

Lunch Menu

Mains

Southern Fried Chicken Goujons £14.95
Homemade Spicy Goujons, Coleslaw, Mixed
Salad, Choice of Side & Choice of Dip

Catch of the Day
Ask about our Fish Special

Beef Lasagne £14.50
(Vegetarian Lasagne also available)
Homemade Beef Lasagne, Coleslaw, Mixed
Salad, Garlic Bread & Choice of Side

Stables Burger £14.50
6oz Cheese & Bacon Beef Burger, Burger
Sauce & Onion Ring, Served with Mixed Salad,
Coleslaw & Choice of Side

Chicken Curry £14.50
& **Garlic Naan Bread**
(GF On Request) (Vegetarian on Request)
Medium Spiced Curry with Mushrooms,
Peas & Onions Served with Rice or Chips

House Salad of the Day £14.95

Pesto Chicken Pasta £14.50
Roast Red Pepper, Spinach & Pesto Rigatoni

****Ask About our Daily Specials****



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* Stables Favourites *

BBQ MELT

Chicken, Red Onion, Cheese & BBQ Sauce

BLT

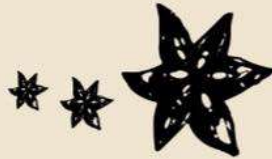
Bacon, Lettuce, Tomato & Mayo

Spice it Up

Sweet Chili Chicken, Cheese & Jalapeños

Skipped Breakfast

Sausages, Bacon & Fried Egg



Stables Melt

Ham, Cheese, Tomato & Red Onion

Sandwiches & Toasties £8.95

Sandwiches served with Salad & Tortilla Chips

1 Add soup £4 – Add chips £4.

2 Choose your bread - White/Brown/Panini or Wrap

3 Choose your Fillings (3 options) £1.25 per extra filling

Chicken, Ham, Cheese, Red Onion, Roast Beef, Mixed Leaves, Jalapeños, Bacon, Pineapple, Sweetcorn & Tomato



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Kids Menu

Chicken Nuggets	£6
Sausages	£6
Fish Fingers	£6
Beef Burger	£6
Cheeseburger	£6
Southern Fried Goujons – Spicy	£6
<i>Above Served with Mash or Chips</i>	
Roast Beef, Mash, Veg & Gravy	£7
Spaghetti Bolognese	£7
Baby Bowl – Mash, Veg & Gravy	£4.95

Sides/Sauces

Sides £4	Sauces	
Chips	Sm/Lg Peppered	£2.50/£3
Mash	Sm/Lg Gravy	£2.50/£3
Champ	Garlic Mayo	£2
Garlic Chips	Mayonnaise	£2
Sweet Chili Chips	Sweet Chili	£2
Mixed Salad	BBQ	£2
Vegetables	Spiced Aioli	£2
Onion Rings	Beans	£2

Lighter Bites

Loaded Nachos	£9.95
Tortilla Chips, Tomato Salsa, Melted Cheese & Jalapeños	

Basket of Wings	£12.95
<i>Choice of Spicy Buffalo or Asian Chicken Wings</i>	
Served with Mixed Salad & Blue Cheese Dip	

Stables Fry	£12.95
Sausage, Bacon, Fried Egg, Mushrooms	
Add Chips or Potato Bread	

Pancake Stack	£12.95
Freshly Made Fluffy Pancakes, Bacon & Nutella, or Maple Syrup	
Or Mixed Berries & Fresh Cream	

Fancy Something Different?

Request our Sandwiches / Toasties and Loaded Fries Menu!

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Mains

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Bacon, Cheese, Burger Sauce & Onion Ring.
Served with Salad, Coleslaw & Choice of Side

BBQ Beef & Bird £15.50
Cheeseburger, Southern Fried Goujons & BBQ
Sauce, Served with Salad, Coleslaw & Choice of Side

Southern Fried Chicken Burger £15.50
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Served with Rice & Prawn Crackers

Plant Based Steak Stack £14.95
Champ, Fried Onions, Seasonal Vegetables & Gravy

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Served on Focaccia Bread, Fried Onions & Sauté
Mushrooms & Gravy

Deluxe Open Steak Sandwich £23.95
6oz Sirloin Served on Focaccia Bread, Topped with
Sauté Onions & Mushrooms, Served with Peppered
Sauce & Choice of Side

Kids

Chicken Nuggets £6

Sausages £6

Fish Fingers £6

Beef Burger £6

Cheeseburger £6

Southern Fried Goujons – Spicy £6

Above Served with Mash or Chips

Roast Beef, Mash, Veg & Gravy £7

Spaghetti Bolognese £7

Baby Bowl – Mash, Veg & Gravy £4.95

Sides/Sauces

Sides £4

- Chips
- Mash
- Champ
- Garlic Chips
- Sweet Chili Chips
- Mixed Salad
- Vegetables
- Onion Rings

Sauces

- Sm/Lg Peppered £2.50/£3
- Sm/Lg Gravy £2.50/£3
- Garlic Mayo £2
- Mayonnaise £2
- Sweet Chili £2
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